



30k Final

Josh Seekatz	30k	2:26:25	20 - 29	M
Deron Carter	30k	2:46:00	40 - 49	M
Allen Dean	30k	2:54:29	30 - 39	M
Nic Phillips	30k	3:12:48	30 - 39	M
Scott Leonard	30k	3:16:46	50 - 59	M
Todd Parker	30k	3:19:33	50 - 59	M
Shaun Bromagem	30k	3:19:33	30 - 39	M
Paul Woods	30k	3:22:29	50 - 59	M
Tina Montee	30k	3:22:43	50 - 59	F
Jennifer Ringo	30k	3:24:03	40 - 49	F
Scott Sims	30k	3:29:12	40 - 49	M
Marc Weber	30k	3:32:46	50 - 59	M
Erin Chamberlain	30k	3:56:28	40 - 49	F
Kim Graham	30k	3:56:28	30 - 39	F
Lisa Boyd	30k	3:57:52	40 - 49	F
Jenna Tilt	30k	3:57:53	40 - 49	F
Suzanne Marinello	30k	4:15:22	60 - 69	F